



5th March 2020

WYONG PUBLIC SCHOOL CROSS COUNTRY CARNIVAL K-6

This term we will be holding the school's Annual Cross Country race. All students are asked to compete in this race and may do so at their own level whether it be running or walking. There are five age divisions:

- 7 years and under (Non-competitive fun run. Not eligible for Zone representation)
- 8/9 year old girls/boys
- 10 year old girls/boys
- 11 year old girls/boys
- 12/13 year old girls/boys

The first eight boys and girls from each division (except 7 years and under) will continue on to compete in the Tuggerah Lakes Zone Cross Country.

WHEN: Tuesday, 24th March 2020

TIME: Primary and 8 year olds commence at 9.20am and run until 11.30am
Infants will hold their fun run after lunch with the aid of Stage 3 students to be selected by Stage 3 teachers

WHERE: on school oval

WHO: ALL students Kindergarten to Year 6

Special Instruction:

- **Asthmatics will need to carry their own puffer during the race**
- Sunscreen to be applied
- Full school sports uniform and joggers to be worn
- Hats to be worn
- Water bottle

Parents are welcome to come along and watch the event and have lunch with their children before the Infants Fun Run after lunch.

Thank you

Mr M McGuiness
Co ordinator

Mr T Miladinovic
Principal