**EARLY START**

Warm Cheese & Ham Roll $2.00

Hot Milo $1.00

Pikelets Plain, Butter or Jam $0.40

House Made Muffins Blueberry, Apple cinnamon $0.50

Hot Ham & Cheese Pocket $1.00

**HOT FOOD (Orders Only)**

Large Chicken Tenders $1.30

Chicken Wedges (each) $0.90

Corn Cob $1.00

Lean Sausage Roll $3.00

Lean Small Pie $2.50

Lean Large Pie $3.80

**TOMATO/ BBQ SAUCE $0.40**

**In House Pizza**: **$4.00**

- BBQ Sauce, Chicken & Cheese

- Salsa, Ham, Pineapple, Cheese

-Salsa & Cheese **V**

Ham, Cheese, Wrap (toasted) $4.00

Hot Chicken & Gravy Roll $4.20

Pasta Tomato Salsa & Cheese **V** $4.00

Pasta Bolognaise & Cheese $4.50

Lasagne $4.50

Fried Rice **GF** HM $4.00

Vegie & Hokkien Noodle Stir Fry **V** HM $3.50

**Add** Chicken $4.50

**Nachos** –Tomato Salsa & Cheese **GF V** $4.00

**Nachos** – Beef & Cheese **GF** $4.50

**CREATE YOUR OWN SNACK SHACK BURGER $5.00**

***Choose from:*** Lean Beef Patty/Grilled Chicken Patty

***Choose Your Salad and Sauce*** Lettuce/tomato/Carrot/Cucumber/Beetroot/Pineapple/Cheese/Mayo/BBQ/Tomato or Sweet Chilli

**Chicken & Cheese Burger** Chicken Patty Cheese Sauce $4.00

**Cheese Burger** Lean Beef Patty Cheese & Sauce $4.00

**Gluten Free = GF.**

**V = Vegetarian**

**Please state on lunch bag any food allergies**

**SANDWICHES WRAPS & ROLLS**

**All can be toasted**

**White rolls & Wraps (extra) $0.60**

Vegemite/ Honey/ Jam $2.00

Cheese/ Baked Beans/ Spaghetti/Egg & Mayo $2.50

Ham/ Chicken/ Tuna $3.00

**Extra Filling:**

Lettuce/Tomato/Carrot/Cucumber/Pineapple/Beetroot/ Cheese each **$0.50**

**Basic Salad Sandwich** **V** $3.50

(Lettuce, Tomato, Carrot, Cucumber, Cheese).

**Add:** Ham/ Chicken/ Tuna  **$1.00**

**Chicken Wedge Wrap** (Wedges,Lettuce,Tomato,Carrot,Cheese)

**Sauce** Sweet Chilli/BBQ/Tomato Sauce/ Mayo $4.50

**CREATE YOUR OWN SALAD BOX GF V**

**Small $4.50 Large $5.50**

***Choose from:***

Lettuce/ Tomato/ Carrot/ Cucumber/ Pineapple/ Corn/

Beetroot/ Cheese.

**Add:**

Ham/ Chicken/ Tuna/ Whole Egg **$1.00**

**Beef or Chicken Patties $2.00**

**Caesar Salad Small $4.50 Large $5.50**

(Lettuce, Lean Ham, Cheese, Egg, Croutons, Caesar Dressing)

**Add:** Chicken **$1.00**

**GLUTEN FREE OPTIONS**

Gluten free Chicken Tenders each $1.30

Chicken Tender with Small Salad $5.50

***Parents are welcome to bring in Gluten Free cupcakes for birthday parties, bread for sandwiches. We can also heat pies and Sausage rolls. Simply place in a container with name & class clearly marked and we will store in our freezer.***

**WYONG WEEKLY $3 DEALS**

Please check the board at the front of the canteen to see the weekly dollar deal

These deals will combine food and small drink and will be changed weekly.

**ALL DAY SNACKS**

Ham & cheese Pocket $1.00

Vegemite or Garlic Scrolls Small (house made)**V** $0.20

Warm Macaroni & Cheese Cups Lrg $1.00

Fresh Fruit Salad OR Watermelon Cups Sm $1.00

Lge $1.60

Mixed Grape cups $1.00

Fresh Fruit $1.00

Red Rock Deli Chips Sea Salt $1.50

Popcorn Plain  **GF**  **V** $1.00

Hummus &Vegie Sticks **V GF** $1.20

Hummus & Corn Chips **V GF** $1.20

Custard Cups  **GF** $1.00

**DRINKS AVAILABLE ALL DAY**

Fruit Cups *(Apple & Blackcurrant*) **GF** $1.00

Water 300mls $1.00

Water 600mls $2.00

Flavoured Milk Light 300ml $2.20

(*Chocolate, Strawberry*)

Juice 250ml (Apple, ABC & Orange) $2.00

Hot Milo $1.00

Slushy 99% Fruit Juice $2.00

Fruit smoothie seasonal fruit & Honey **GF**  $1.50

**FROZEN TREATS**

Frozen Fruit Cups (*Apple, ABC*) **GF** $1.00

Vanilla Ice Cream Cups **GF**  $1.00

Frozen Chunky Fruit Kebabs (seasonal) $1.00

Quelch Fruit Sticks (99% Juice) HALF $0.30 FULL $0.50

Juicie Tubes 98% Fruit Juice (Tropical, Berry) $1.20

Moosies ( Chocolate, Blue Moon) $1.20

Frozen Juice Pops $0.10

**WYONG PUBLIC SCHOOL CANTEEN MENU 2021**

**Canteen**

**Online Order System**

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**Wyong Public School**

**Canteen Menu**

**2021**

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